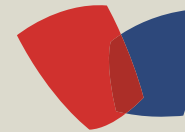




ADOLESCENT AND ADULT SERVICES
ADOLESCENT AND ADULT SERVICES



TRUTH.INTEGRITY.CHANGE

LETTER FROM THE CEO

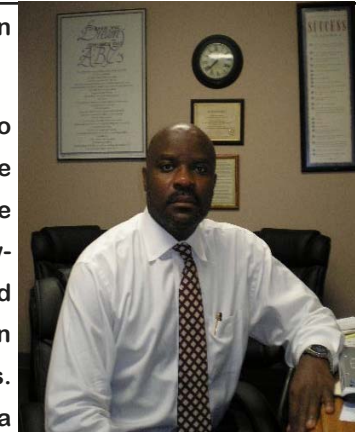
I would like to invite you to become a partner of YouthTruth, Inc., a unique counseling organization committed to changing lives in St. Tammany Parish.

In March of 2002, YouthTruth, Inc. was founded with a basic philosophy of truth and is dedicated to facilitating positive change in the lives of others through the belief that all individuals inherently have a role in the community we call home. YouthTruth, Inc. was founded with the goal of serving the needs of at-risk youth with ideals resounding in the principle that troubled individuals may be empowered to overcome adversity and angst, through therapy and education to peacefully, lawfully, and productively co-exist in our community. Our success with adolescents is largely due to the “teen friendly” environment which empowers youth to become proactive in their own change process. They are given the insight that they are the pilot in this process and YouthTruth serves as a navigational instrument in leading them to their destination of success.

As a result of limited mental health resources due to Hurricane Katrina, YouthTruth began treating adults. Truth Services was born and began serving the clinical needs of adults in 2005 and has continued growth in this population each year. The common threads of lack of insight, limited support systems, and resistance to change are evident in our adult population as with our adolescent population.

With your support , as with the support of the community, our qualified staff of professionals can assist in meeting the difficult needs of the citizens of our community. Thank you for your consideration in becoming a valued partner of YouthTruth, Inc. With your help, our services will continue to be a vital part of change in the communities of St. Tammany Parish.

Sincerely,





MISSION

Founded in March 2002, YouthTruth, Inc. is a 501(c)3 non-profit organization serving the counseling needs of individuals and their families in St. Tammany Parish.

The specific purpose of this agency is to provide individual, group, and family therapy to all those who desire such services or, are mandated by the courts or other entities to receive these services. Further, it is our specific goal to effect change in the lives of our adolescent and adult populations by providing targeted therapy to individualized needs.

We utilize numerous interventions; e.g., community service, case management, group experiential therapy, individual and family therapy, psycho-education, educational enrichment, drug and alcohol counseling, and an intensive substance abuse outpatient to meet this goal.

PARENT RESPONSIBILITY

Program fees are based on a sliding scale; funding is available for treatment for those who meet eligibility. However, it is mandatory for parents or caregivers to attend the Parent Education and weekly Multi-Family groups in our adolescent programs. It is important to encourage your child to attend the program and attain their specific treatment goals.

STAFF

YouthTruth is staffed by social workers, counselors, family therapists, substance abuse counselors, certified teachers, and recreational therapists. The treatment team is dedicated to helping individuals and their families navigate through all aspects of therapy.

CONFIDENTIALITY

Therapy sessions with a clinical staff member are “privileged” communication, and information from such sessions is not released without the client’s written consent. Confidentiality will be broken in cases of suicidal or homicidal intent, and child or elder abuse, as mandated by law.

SERVICES

ADOLESCENT PROGRAM

AGES 10—17

Substance Abuse Assessment
Clinical Assessment
Psychiatric Assessment
Intensive Outpatient Program
Outpatient Program
Individual Therapy
Family Therapy
Multi-Family Therapy
Experiential Therapy
Substance Abuse Education
Diversion Services
Teen Friendly Environment



ADULT PROGRAM

Ages 18 and Older-Adults
Substance Abuse Assessments
Clinical Assessments
Intensive Outpatient Program
Individual Therapy
Family Therapy
Multi-Family Therapy
Experiential Therapy
Substance Abuse Education
Psychiatric Evaluation
Medical History and Physicals
Drug Screening

BUILDING TRUTH- CAPITAL CAMPAIGN

After Hurricane Katrina, YouthTruth's facility was devastated causing enormous loss to space and equipment vital to client services.

Since then, YouthTruth has moved into a smaller facility which does not allow for the expansion of our after-school "teen friendly" programs for adolescents. Though we are still providing the after-school program, it is limited in the games and activities the agency can provide to the adolescents due to the space issues.

In 2007, we launched our *Building Truth-Capital Campaign* to raise more than \$350,000 needed to house all of our adolescent and adult programs.

Please join us in raising these crucial funds. Please complete the following information and return to our office, or call 985-639-8040 to donate.

Name: _____ Address: _____
City/State/Zip: _____
Phone (Home): _____ Phone (Cell): _____
Email: _____
Signature: _____

Credit Card Information - Please Check One: VISA MasterCard American Express Discover

Card Number: _____
Expiration Date: _____

Name that appears on credit card: _____

I/We are unable to participate at any of the levels, but have enclosed a contribution of \$ _____

Yes, I would like to support the capital campaign of YouthTruth, Inc. I would like to give a donation in the category listed and have checked the appropriate box below.

- Truth Circle - \$2,500.00+
- Truth Benefactor - \$1,500.00
- Truth Supporter - \$1,000.00
- Truth Contributor - \$ 500.00
- Truth Friend - \$ 250.00

I/We will donate as follows (Please designate one):

- Monthly
- Annually

CAMPAIGN FOR CHANGE- ANNUAL GIVING

Changing lives is YouthTruth's commitment. Throughout the year YouthTruth serves hundreds of adolescents and adults within the agency's various counseling programs. In fiscal year 2007 the need for our therapeutic services has increased by 20%.

This increase in our client base requires increased funding. We are asking for your annual support as we continue to provide these unique, crucial counseling services to the communities of St. Tammany Parish.

Please, make your commitment to become an annual partner with YouthTruth by joining our *Campaign for Change-Annual Giving* campaign. Please complete the following information and return to our office, or call 985-639-8040 to donate.

Name: _____ Address: _____
City/State/Zip: _____ Phone (Home): _____
Phone (Cell): _____ Email: _____

Signature: _____

Credit Card Information - Please Check One: VISA MasterCard American Express Discover

Card Number: _____
Expiration Date: _____

Name that appears on credit card: _____

I/We are unable to participate at any of the levels, but have enclosed a contribution of \$ _____

Yes, I would like to support the annual giving campaign of YouthTruth, Inc. I would like to give a donation in the category listed and have checked the appropriate box below.

- Truth Pioneer - \$1,500.00+
- Truth Giver - \$ 500.00
- Truth Patron - \$ 250.00
- Truth Sponsor - \$ 100.00
- Truth Donor - \$ 25.00

I/We will donate as follows (Please designate one):

- Monthly
- Annually

HOLIDAY OF HOPE- HOLIDAY CAMPAIGN

During November and December each year, YouthTruth asks its donor base to assist them financially with our *Holiday of Hope Campaign*.

This additional funding enables YouthTruth to purchase miscellaneous items for our programs which are not covered by grants or other restricted funds.

Some of the items we will purchase with these funds are therapeutic and educational supplies, office supplies for the various programs, as well as provide funding assistance to those clients who cannot pay for their service fees.

With your help in this campaign, YouthTruth will provide the additive financial support to many of its services. Please complete the following information and return to our office, or call 985-639-8040 to donate.

Name: _____ Address: _____
City/State/Zip: _____ Phone (Home): _____
Phone (Cell): _____ Email: _____

Signature: _____

Credit Card Information - Please Check One: VISA MasterCard American Express Discover

Card Number: _____

Expiration Date: _____

Name that appears on credit card: _____

I/We are unable to participate at any of the levels, but have enclosed a contribution of \$ _____

Yes, I would like to support the holiday giving campaign of YouthTruth, Inc. I would like to give a donation in the category listed and have checked the appropriate box below.

- Truth Spirit - \$ 250.00+
- Truth Seeker - \$ 150.00
- Truth Teller - \$ 100.00
- Truth Explorer - \$ 50.00



EVENTS

In 2008 YouthTruth will host, for the first time, three annual fundraising events.

All three events have been designed to offer the communities of St. Tammany Parish fresh and fun ways by which to support this agency.

Please, mark your calendars and plan on joining the YouthTruth family in these events. Should you wish to volunteer for, or financially support, any or all of these events please do not hesitate to contact our Marketing/Development Department.

- ***Truth Expression Festival—April 12, 2008, Slidell Heritage Park, Slidell, LA***—This festival will showcase local arts and crafts, as well as food and beverage vendors. Entertainment for the entire family and some special guests will ensure a good time will be had by all! The festival will begin at 10 am and end at 7 pm. This event is admission free!
- ***Ride for Recovery—June 8, 2008, St. Tammany Trace at Koop Drive, Covington, LA***—Bicycle and Motorcycle riders from all age groups will participate in this dual fundraiser. As bicyclists enjoy their choice of three separate trails on the St. Tammany Trace, motorcyclists will take their ride to the streets to Baton Rouge, LA. All riders will meet back at Koop Drive for an old fashioned barbeque and lots of entertainment. All riders will gather pledges before the event and have a chance to win prizes for the most dollars raised! Rain or Shine, the Ride for Recovery will kick off at 8:00 am and end at 5 pm. A Patron Party for all sponsors will be held at the Maritime Museum in Madisonville from 7 pm—10 pm on May 30, 2008 complete with a piano bar, food and fun.
- ***Holiday of Hope presents “A Family Masquerade”—October 18, 2008, Northshore Harbor Center, Slidell, LA***—Get out your costumes, or just cocktail attire and a masquerade mask and join us for a Holiday kick-off you won't soon forget. Two masquerade type balls will occur simultaneously for adults and children in adjoining ballrooms. Both groups will be treated to entertainment, food and beverages, and special events throughout the evening. The fun begins at 7 pm and ends at 12 midnight. A Patron Party will be held at a location to be announced in the first part of 2008. Don't miss this one!



VOLUNTEERS

Volunteers are an integral component of any non-profit agency. YouthTruth relies upon its volunteers to assist in various tasks of the organization from office tasks, event coordination, and committee participation.

Giving of your time is just as important as the funds you may provide to YouthTruth. Volunteerism feeds not only the non-profit, but also the mind, body, and soul of the person providing this gift. Please, volunteer with us today!

VOLUNTEER APPLICATION

Some of our volunteer positions are listed below:

- Program Volunteers/Interns
- Administrative-Marketing/Development Department
- Fund Development Committee
- Website maintenance
- Direct Mail coordination
- Event Set-up
- Event Maintenance
- Vendor Identifier
- Corporate Sponsor Greeter
- Event Volunteer—Miscellaneous Tasks

Please complete and mail, or fax to our office. Thanks for your interest in becoming a YouthTruth Volunteer.

Please list any additional information you may deem pertinent to this application:

List Hobbies:

List Skills:

- Drivers License – Check if yes
- Citizen of U.S.-Check if yes
- Resident of St. Tammany Parish- Check if yes

- Are open to any volunteer activity- Check if yes
- Will only work in office-Check if yes
- Can volunteer during workday, 8—5,-Check if yes

Name-Print Name and Sign

List previous Volunteer Experience

List previous Volunteer Organizations

Address

Phone-Home and Cell

COMMUNITY IMPACT

According to our client satisfaction surveys and pre-post tests gathered from our programs:

- 81% of families reported improvement in the family dynamics of communication, adaptability and cohesion after completing YouthTruth services.
- 87% of parents of adolescents in YouthTruth programs reported an improved attitude and behavior in their children.
- Of 345 adolescents who participated in a Teen Pregnancy Program, 91% displayed a decrease in risk factors following treatment.
- 250 adults have been served in the Adult Substance Abuse Program.
- Approximately 1,850 individuals, and their families, have been served throughout the adolescent and adult programs of YouthTruth since 2002.
- All YouthTruth programs address the family as a unit in their therapeutic approach.





CORPORATE SPONSORS

Without the support of community and corporate sponsors YouthTruth could not fund the levels of services and events necessary to keep our programs alive. As an active member of the East St. Tammany Chamber of Commerce, YouthTruth continues to work within the community we serve to assist other organizations with volunteer and service needs.

We are asking you to become a corporate sponsor with YouthTruth and help our agency to maintain our high level of quality service provision. YouthTruth is funded by federal, state, and local grants, as well as private donations.

Listed below are the various levels of sponsorship you may join. As a sponsor, your company will be listed in all agency advertising, brochure, and web media and be eligible to receive incentive gifts, complimentary gala tickets, and fundraising event signage, corporate tents and of course, our constant community acknowledgement.

Please call our office should you wish to meet face to face with our Development Department to discuss all of the events and activities which you may sponsor. Should you wish to immediately sponsor, please complete the following information and return to our office, or call 985-639-8040 to donate.

Name: _____ Address: _____
 City/State/Zip: _____ Phone (Home): _____
 Phone (Cell): _____ Email: _____

Signature: _____

Credit Card Information: VISA MasterCard American Express Discover
 Card Number : _____
 Expiration Date: _____
 Name that appears on credit card: _____

Yes, I would like to become a corporate sponsor for YouthTruth, Inc. I would like to give a donation in the category listed and have checked the appropriate box. I/We will donate as follows
 (Please designate): Monthly Annually
 One Payment - \$ _____

- Truth Platinum - \$2,500.00+
- Truth Gold - \$2,000.00
- Truth Silver - \$1,500.00
- Truth Bronze - \$1,000.00

CORPORATE DONORS

YouthTruth, Inc. would like to give a special thanks to our corporate donors.



**NICK AND NATE'S
CATERING**

Printing Provided By: **DUDLEY SMITH PRINTING**

Champagne Beverage,



YOUTHTRUTH FAMILY

YouthTruth staff are as diverse as the clients they serve. As a licensed clinical agency, YouthTruth employs licensed professionals, as well as a Forensic Psychiatrist who also presides over the agency as Medical Director.





P.O. Box 5356
Slidell, LA 70459

www.youthtruth.org